

MEAL DEAL +\$2.60 to sub price
21 oz. DRINK + APPLES OR 2 COOKIES OR CHIPS
 Swap any drink or size & pay the difference



**MAKE YOUR SUB
 DELUXE**
GET 50% MORE MEAT*
 ON YOUR FAVORITE SUB
 6" 25-130 | Footlong 50-260 added cal

ADD \$0.75 6" ADD \$1.50 FOOTLONG
 *Cannot be combined with double meat. Excludes breakfast sandwiches.

KIDS' MEAL \$6.00
 *Includes mini sub on 9-grain wheat with apples & low-fat white milk
BLACK FOREST HAM 320 cal*
ROAST BEEF 340 cal*
TURKEY BREAST 320 cal*
VEGGIE DELITE® 290 cal*



SUBWAY Fresh Fit For Kids® should not be considered a diet program. Fit Mini Subs on 9-grain wheat without cheese or condiments that contain fat. Visit Subway.com for full nutrition information.

**BREAKFAST
 SERVED UNTIL 11 AM**
EGG OR EGG WHITE*
6" \$4.50 FOOTLONG \$6.50
EGG & CHEESE 380/770 cal
BLACK FOREST HAM, EGG & CHEESE 410/820 cal
BACON, EGG & CHEESE 460/930 cal
STEAK, EGG & CHEESE 450/900 cal



*Saves 40 cals per 6" sub

LEAVE THE CATERING TO US!

**FAMILY GATHERINGS • OFFICE MEETINGS
 PARTIES • ANY OTHER OCCASION**

SUBWAY® restaurants have many catering options available to you. Make it easy for yourself and order a SUBWAY TO GO!™ Meal or a Giant Sub or choose one of our Sandwich Platter Options: SUBWAY FRESH FIT®, Classic Combo, Flavor Craver™ or create your own platter with any combination of our cold sandwich selections. Napkins and an assortment of SUBWAY® sauces, mayonnaise and mustard are supplied with each Giant Sub and Platter.



Sandwich Platters

ITEM	SERVES
Sandwich Platter	5-9

Calories per portion 150-320

Giant Subs

LENGTH	SERVES
3 Feet	10-12
6 Feet	20-25

Calories per portion* 220-470

*When cut into 16 slices per 3 foot size

Cookie Platters

ITEM	SERVES
36 Cookies	200-230

Calories Per portion 200-230

SUBWAY TO GO!™ Meal

ITEM	SERVES
Subway to Go! Meal	200-420

Calories per portion 200-420



24 hours notice required for giant sub orders or a large catering order.

Recommended portions may vary based on type and size of group. Please consult the SANDWICH ARTIST® for additional information.

SUBWAY TO GO!™ Meal consists of a 6" or Footlong cold sub, 1 cookie, 1 side and a napkin. Your choice of side includes chips or apples. Packed in a stackable box. Convenient for outings and company meetings.

At SUBWAY® Restaurants, We Have Your Fresh Interests At Heart

Welcome to SUBWAY® Restaurants, where great taste and variety come together for your convenience. This menu represents our commitment to helping you discover and enjoy all the delicious choices SUBWAY® Restaurants have to offer.

We offer a variety of sandwiches and salads and encourage you to customize your order to satisfy your taste. Our menu includes a complete listing of ingredients to help you make informed choices – so you can either eat sensibly or splurge.

It's all here for you. So enjoy! We're glad you came.



**ON CAMPUS
 AT SF STATE**

**MON-THUR 7AM-12AM
 FRIDAY 7AM - 3AM
 SATURDAY 8AM - 3AM
 SUNDAY 9AM - 12AM**

**FOR CATERING,
 CALL 415-405-3499
 OR EMAIL TO:
 ESUBWAY@GMAIL.COM**

Menu and prices are subject to change without notice.
www.subway.com

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SUBWAY® TAKE-OUT MENU



STEP 1
Your Menu Choices
Footlong Sub • 6" Sub • Salad • Flatbread

STEP 2
Choose Your Bread
9-Grain Wheat • 9-Grain Honey Oat
Italian • Italian Herbs & Cheese • Flatbread

STEP 3
Choose Your Cheese
American • Shredded Monterey Cheddar

STEP 4
Choose Your Veggies
Lettuce • Tomatoes • Cucumbers • Green Peppers
Red Onions • Spinach

More Variety?
Pickles • Olives • Banana Peppers • Jalapeños

STEP 5
Choose Your Sauce
Fat Free per 0.75 oz (6") serving
Mustard • Sweet Onion • Red Wine Vinegar

Full Flavor
Light Mayo • Chipotle Southwest • Ranch
SUBWAY® Vinaigrette • Mayo
• Honey Mustard • Buffalo • Spicy Brown Mustard
• Creamy Sriracha

STEP 6
Make it a Meal
Choose Your Drink • Choose One Side

ROTISSERIE-STYLE CHICKEN 350/690 cal <small>RAISED WITHOUT ANTIBIOTICS</small>  6" \$5.75 FOOTLONG \$8.75	CARVED TURKEY 330/670 cal  6" \$5.75 FOOTLONG \$8.75	ROAST BEEF 320/630 cal  6" \$5.75 FOOTLONG \$8.75	CHICKEN & BACON RANCH MELT 610/1210 cal  6" \$5.75 FOOTLONG \$8.75	STEAK & CHEESE 380/760 cal  6" \$5.75 FOOTLONG \$8.75	SWEET ONION CHICKEN TERIYAKI 370/730 cal  6" \$5.75 FOOTLONG \$8.75
SUBWAY CLUB® 310/630 cal  6" \$5.75 FOOTLONG \$8.75	6" SUBWAY FRESH FIT® SUBS 6 GRAMS OF FAT OR LESS* <small>SUBWAY FRESH FIT® is not a diet program. Please visit subway.com for full nutritional information. *Fat content refers to regular 6-inch sub on 9-grain wheat or Italian bread without condiments that contain fat.</small>	OVEN ROASTED CHICKEN 320/640 cal  6" \$5.35 FOOTLONG \$7.75	ITALIAN B.M.T.® 410/810 cal  6" \$5.35 FOOTLONG \$7.75	SIGNATURE SUBS	
TURKEY BREAST 280/560 cal  6" \$5.35 FOOTLONG \$7.75	BLACK FOREST HAM 290/570 cal  6" \$4.75 FOOTLONG \$6.75	VEGGIE DELITE® 230/460 cal  6" \$4.50 FOOTLONG \$6.00	COLD CUT COMBO 360/710 cal  6" \$4.75 FOOTLONG \$6.75	MEATBALL MARINARA 480/970 cal  6" \$4.75 FOOTLONG \$6.75	SPICY ITALIAN 480/960 cal  6" \$4.75 FOOTLONG \$6.75
TUNA 480/960 cal  6" \$5.35 FOOTLONG \$7.75					

LOCAL FAVORITES

	6"	FOOTLONG
BIG HOT PASTRAMI MELT 580/1150 cal	\$6.25	\$9.25
TURKEY & BACON AVOCADO 420/850 cal	\$6.25	\$9.25
VEGGIE PATTY 390/780 cal	\$5.75	\$8.75
TURKEY ITALIANO MELT 490/980 cal	\$5.75	\$8.75

EXTRAS

	6"	FOOTLONG
BACON 80/160 cal	\$1.00	\$2.00
DOUBLE MEAT 50-260/100-520 cal	\$1.50	\$3.00
EXTRA CHEESE 40-60/80-120 cal	\$0.30	\$0.60
PEPPERONI 80/160 cal	\$0.50	\$1.00
AVOCADO 60/120 cal	\$1.00	\$2.00

PLUS APPLICABLE TAX.

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DRINKS & SIDES

FOUNTAIN		
21 oz. 0-320 cal	\$1.90	30 oz. 0-460 cal \$2.00
BOTTLED 0-300 cal	\$2.10	MILK 100-170 cal \$1.75
COFFEE 12 OZ. 0 cal	\$2.00	
APPLE SLICES 35 cal	\$1.50	
CHIPS 130-340 cal	\$1.25	
COOKIES 190-230 cal	\$0.65	
MUFFIN 380-460 cal	\$2.00	

CHOPPED SALADS

MAKE ANY 6" SUB A SALAD
Deduct 170 cal per 6" sub
Salad dressing is available upon request 0-220 cal
ADD \$1.75

